

Sports Edge Athletics 3 on 3 League Rules

Season Length – 5-week season followed by 1 week playoff

Game Days will be Mon and Wed. Each team will play two games on either Mon or Wed each week.

Game Length will be a 20 Minute Running Clock or first team to 30 points. If there is a tie. Overtime will be played. It will be sudden death overtime

Scoring will be 2's and 3's.

FT's will be on shooting fouls our any foul inside of 1 minute. Outside of 1 minute, a shooting foul will be 1 shot for 2 pts with no rebounding or 1 shot for 3pts if it was on a 3-point attempt. Ball goes to defense on made or missed shot. Inside of 2 minutes, a shooting foul will be 1 shot for 2 pts with no rebounding and a non-shooting foul will be a 1 shot for 1 pt. If the shot is made, offense retains the ball. If the shot is missed, the defense will take over possession.

If a player is fouled on a made shot, they will be given the basket plus 1. If it was a 2pt shot, they would receive 3 points, if it was a made 3 pt. shot, then they would receive 4 points.

Everyone must play a minimum of 7 min of each game. Substitutions are the responsibility of the team or volunteer coach. Pregame exceptions for this rule are allowed under certain circumstances.

Each game will have an official. THERE WILL BE NO ARGUING WITH OR HARRASSING OF OFFICALS BY PARENTS OR PLAYERS. If a player or coach receives a technical it will be 1 shot for 2 pts plus the ball. If a volunteer coach receives a technical, they will no longer be allowed to coach for the rest of the season. This is meant to be a fun experience and league for everyone.

All change of possession's must be taken back to the 3 pt. line. All out of bounds, will be checked in at 25 ft above the top of the key. Entry from a dead ball at the top of the key, must be passed in. A player may not dribble the ball in from a dead ball start. Defender must give inbounder space to make pass. Pass must be made forward or lateral but not behind to start the offense off a dead ball.

No stalling rule. With one minute left in the game, a 15 sec shot clock will be used to keep teams from stalling at the end of the game. If the 15 second shot clock expires before a shot is taken and hits the rim, the ball will be turned over to the defense. The 15 second clock will start as soon as a ball is taken back behind the 3 pt line.

With one minute left in a game, if a game is within 10 points. The clock will stop on all dead balls.

Coaches are not needed for teams. If a parent wishes to be a volunteer coach, that is acceptable but not required.





If during the season, Jason Hughes determines that a change of the rules needs to be made, it will be done and communicated to all players and parents. Jason Hughes will have the final say on rules relating to the running of the 3 on 3 league.

